Foam Rockets

- 1 Poke a hole right through the tube, about 4cms from the top using a Knitting needle.
- 2 Put a crochet hook through the holes and grab the elastic band.
- 3 Pull it through so you have a loop on both sides.
- 4 Put your finger and thumb through the loops on each side.
- 5 Pull up the elastic that goes across the middle inside.
- 6 Put the 2nd band under the elastic, loop it through itself and pull it up tight. (This is your launcher)
- 7 Wrap each loop over the top of the tube to secure it.
- 8 put some silver tape round the tube to secure the elastic bands.
- 9 Attach the three fins to the rocket by sliding them into the slits on the sides, you can decorate them firs if you want to.
- 10 Wrap electrical tape under the fins and a couple of strips further up to decorate your rocket.